

Dear Smollan Team,

The below online learning bundles have been selected and packaged for you with the intention of providing you with additional support, knowledge platforms, awareness and learning resources during the global Coronavirus crisis.

No matter where you are working from during this time, these online learning bundles are easily accessible and will equip you with the skills to navigate the uncertainty and anxiety that this pandemic creates.

Before you get started, be sure to read through **THESE TIPS** for successful online learning, to ensure you get the most out of your online learning experience.



ARTICLE



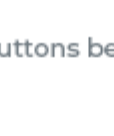
E-LEARNING



VIDEO



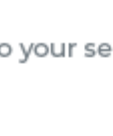
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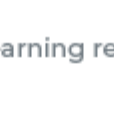
MOOC



VIDEO TUTORIAL



EXPERT TALK



TED TALK

The buttons below will take you through to your selected learning resource.



LEADERSHIP

- A time to lead with purpose and humanity
- Slow down to make better decisions in a crisis
- The heart of resilient Leadership: Responding to COVID-19
- Leadership in a crisis: Responding to the Coronavirus outbreak and future challenges
- Agile Leadership principles and practices
- Leading with effective communication
- Becoming a successful Leader
- Leadership and mindfulness
- 6 Essential Leadership lessons
- Everyday Leadership
- The power of vulnerability
- How great Leaders inspire action



PERSONAL WELL-BEING

- Build your resilience in the face of a crisis
- That discomfort you're feeling is grief
- Coping with fatigue, fear and panic during a crisis
- 3 Ways professionals can stay productive during the Coronavirus outbreak
- Skill 2 chill: Essentials of stress management
- Mindfulness for Individuals: Mindfulness and neuroscience
- The science of well-being
- Mindshift: Break through obstacles to learning and discover your hidden potential
- The surprising science of happiness



LEARN A NEW SKILL

- Effective problem-solving and decision-making
- Creative thinking: Techniques and tools for success
- Mindware: Critical thinking for the information age
- AI for everyone: Master the basics
- Storytelling in the workplace
- Understand the basics of code
- Understand the basics of machine learning
- Manage a project with digital tools



REMOTE WORKING

- Staying focused when you're working from home
- 15 Questions about remote working answered
- Leading remotely
- A guide to manage your newly remote workers
- 8 Ways to manage your team while social distancing
- The long-distance Leader
- The remote Leader's guide to managing a team
- Working remotely
- How to effectively lead a remote team
- How to actually work when you are working from home
- Keep moving: How to manage remote employees
- Keep moving: Structuring your workday from home



VIRTUAL COMMUNICATION

- 5 Ways to improve communication in virtual teams
- How to get people to actually participate in virtual meetings
- What it takes to run a great virtual meeting
- Virtual meetings don't have to be a bore
- Managing virtual teams
- Powerful on-line communication: How to position yourself as a Leader



MANAGING IN TIMES OF CRISIS

- Leading through COVID-19
- Key steps to creating a crisis communication plan
- Crisis communication
- Trauma strikes when it likes: Prepare your organisation for an emergency
- Build 12 habits to become happier and more resilient
- Holding difficult conversations
- Keep moving: Building your resilience
- Keep moving: How to deal with uncertainty
- Keep moving: 10 ways to stay motivated
- The upside of a crisis

If you need any support or have any questions regarding any of the online learning bundles above, please contact Colette Wessels: Colette.Wessels@smollan.com or Ronit Levy: Ronit.Levy@smollan.com