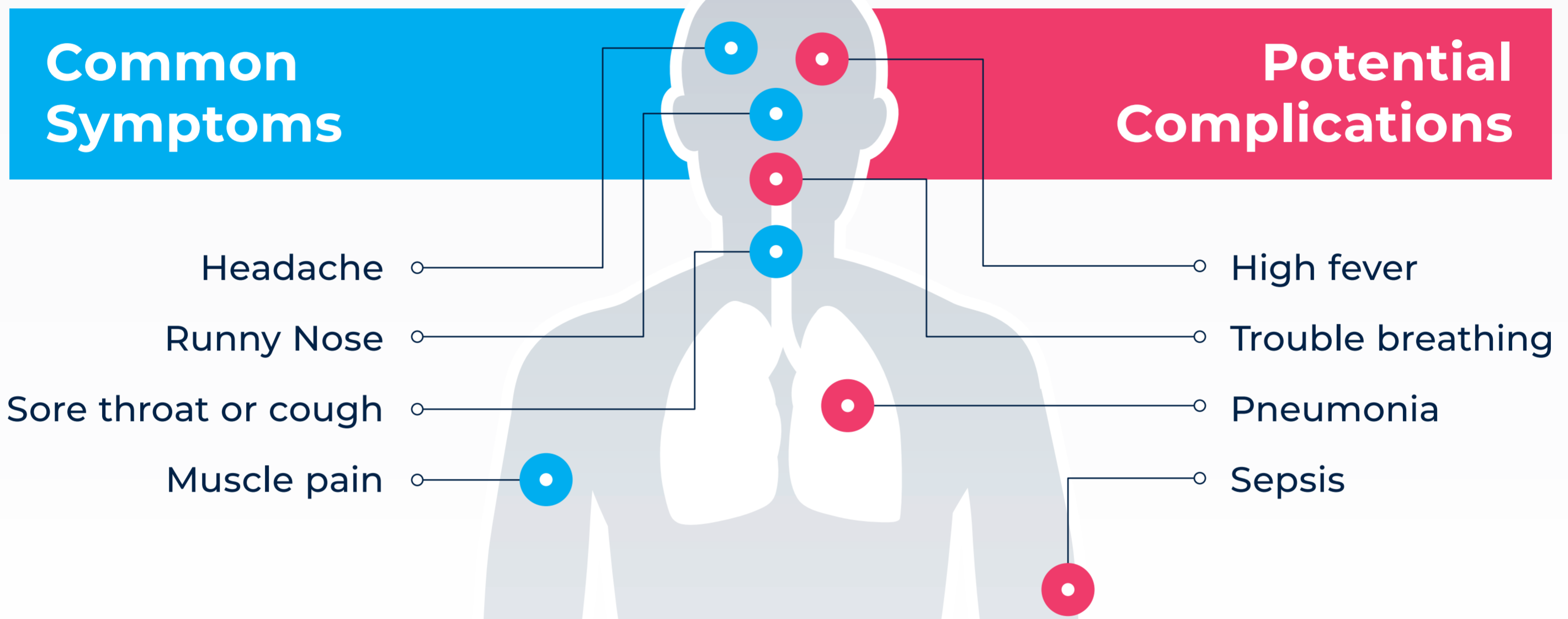
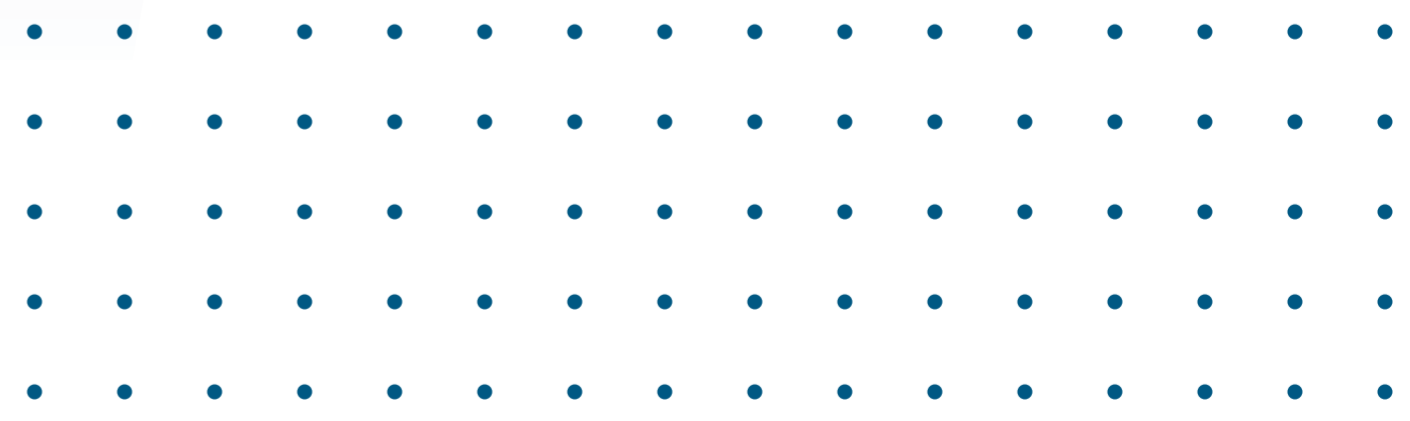




WATCH OUT FOR THESE SYMPTOMS



Coronaviruses usually cause mild to moderate upper respiratory tract illness

Symptoms may appear between 2-14 days from exposure





# REDUCE YOUR RISK OF CORONAVIRUS INFECTION



**Frequently clean hands** by using alcohol-based hand rub or soap and water

**Avoid touching** your eyes, nose, and mouth

When coughing and sneezing **cover mouth and nose** with **flexed elbow or tissue** – throw tissue away immediately and wash hands

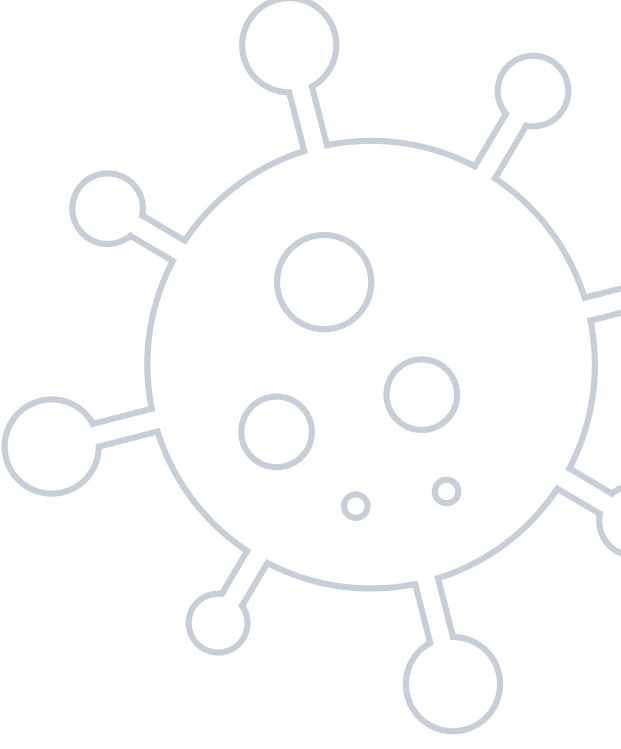
**Avoid close contact** with anyone that has fever and cough

**Do not** shake hands

**Thoroughly cook** meat and eggs

Maintain **good indoor ventilation**

**Avoid sharing** food, crockery, utensils and other personal hygiene items



If you feel unwell you are advised to contact your doctor without delay; be sure to follow the medical advice you are given. If you are told to stay home, please let your manager know immediately. Our normal sick leave policy will apply. Upon your return to work you will be required to submit a certificate of clearance from your doctor.